

Finding God: A Journey of Faith

The deepest yearning of the human heart is often the search for meaning, for connection, for something beyond the tangible. This quest frequently leads us to the divine, to the very source of our being – God. On the Heal in Jesus community, we believe that finding God is not a passive waiting game but an active, transformative journey rooted in faith and a sincere desire to know the Creator.



What is Needed to Search for God:

The journey begins with an open heart and a willing spirit. It requires:

- **Humility:** Acknowledging our limitations and our need for a power greater than ourselves.

- **Faith:** Believing in the unseen, trusting in God's existence and His desire to be known. As Hebrews 11:6 states, "Without faith, it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him."
- **Sincerity:** A genuine and honest desire to connect with God, free from ulterior motives.
- **Perseverance:** The path to knowing God may have its challenges, but persistence in seeking Him is crucial.

The Process of Finding God:

Finding God is a deeply personal experience, yet there are common paths and practices that illuminate the way:

- **Prayer:** Prayer is the lifeline of our relationship with God. It is communication – speaking to Him, listening for His guidance, expressing gratitude, and seeking forgiveness. Through consistent prayer, we cultivate intimacy with the divine and open ourselves to His will.
- **Reading the Holy Bible:** The Bible is God's Word, His love letter to humanity. It reveals His character, His promises, His plan for salvation through Jesus Christ, and provides wisdom for living a life that honors Him. Regular reading and study of the Scriptures provide a foundation for understanding God's ways.
- **Fasting:** Fasting, when done with the right intention, is a spiritual discipline that humbles us, focuses our minds on God, and strengthens our dependence on Him rather than on earthly desires. It is a way to deny ourselves for a greater spiritual purpose.
- **Understanding Christianity:** Christianity is centered on the person and teachings of Jesus Christ. Understanding the core tenets of Christianity – the Trinity (God as Father, Son, and Holy Spirit), the divinity and humanity of Jesus, His sacrificial death and resurrection for the forgiveness of sins, and the gift of eternal life through faith in Him – is essential to finding God within this faith tradition.



Jesus as Our Savior:

At the heart of Christianity lies the pivotal truth that Jesus Christ is our Savior. He is the Son of God who came to earth, lived a sinless life, and willingly died on the cross to atone for the sins of all humanity. His resurrection conquered death and offers us the hope of eternal life. John 14:6 beautifully encapsulates this truth: “Jesus answered, ‘I am the way and the truth and the life. No one comes to the Father except through me.’” Accepting Jesus as our Lord and Savior is the cornerstone of a relationship with God in Christianity.

Christian Values:

Embracing Christian values is a tangible expression of our growing relationship with God. These values, rooted in the teachings of Jesus, include:

- **Love:** Loving God with all our heart, soul, and mind, and loving our neighbor as ourselves (Matthew 22:37-39).
- **Compassion:** Showing empathy and care for others, especially those who are suffering or in need.
- **Forgiveness:** Extending forgiveness to others as God has forgiven us.
- **Humility:** Recognizing our dependence on God and valuing others above ourselves.

- **Justice:** Seeking fairness and righteousness in all our dealings.
- **Truthfulness:** Living with integrity and speaking the truth in love.
- **Service:** Following Jesus' example by serving others.

Beyond the Steps: The Encounter

While these practices are vital, finding God is ultimately an encounter – a personal revelation of His presence in our lives. This encounter might come through a moment of profound insight, an answer to prayer, a sense of peace that surpasses understanding, or through the loving actions of others. It is a continuous process of growing in grace and in the knowledge of our Lord and Savior Jesus Christ (2 Peter 3:18).

On the “Heal in Jesus” website, we encourage you to embark on this incredible journey of finding God. Embrace these principles, engage in these practices, and open your heart to the transformative love and grace of our Heavenly Father, made known to us through His Son, Jesus Christ. May your search be blessed, and may you find the abundant life that comes from knowing God.

www.healinjesus.com